servus





WE ARE...

... the green heart of the city. Eat healthy & experience moments of pleasure.

This is exactly what we stand for with our concept. Crunchy salads, fresh juices & smoothies or trendy bowls. We just love what tastes good and is good for the body. We have been delighting residents and guests of the metropolitan region with our homemade curries & soups since 2007.

Founded by my husband Christoph and me, MISCHBAR continues to grow and change. With everything new, however, it is important to us: sustainability, offering vegan options, staying colorful & moments of pleasure create.

We invite you to try our diversity and to dare to do something completely new. Just enjoy a vegan ice cream, drink a green smoothie or try a delicious one Buddah Bowl from our house.

No matter what you do, the main thing is that you enjoy it.

We are happy that you are here! Betty & Christoph & the MISCHBAR-Team

CATERING & EVENTS

For us, "enjoyment" and "healthy" also belong together in the catering sector. Since 2007 we have been accompanying conferences, meetings, weddings and Celebrations of all kinds with our food and drinks.

In our opinion, the perfect catering has to adapt to the customer again and again,
Surprise positively and of course completely convince visually.

Because we can and love that, we have specialized in it with culinary passion.

Unforgettable moments are waiting for you!

Just write us an email with your wishes to catering@mischbar.net and we will get in touch with you! Your MISCHBAR-Catering Team

YOU CAN FIND OUR
MONTHLY TICKET HERE.
OTHERWISE ASK PLEASE
OUR WAITERS ACCORDING
TO THE CURRENT MONTH
CARD.

ENJOY YOUR MEAL.

Legend:

vn = vegan vg = vegetarian gf = gluten free



Mo-Fr 09:00-11:30 Uhr, Sa+So 9:00-13:30 Uhr

BREAKFAST BOWLS

in a mason jar, each 7,90

GOOD START (vn, qf)

Overnight Oats with blueberry puree, mango, banana & honeydew melon

VANILLA SKY (vg)

Lime-vanilla quark with strawberry puree, crispy muesli, honeydew melon, kiwi & grapes

MORNING ROUTINE (vg, qf)

Overnight Oats with natural yoghurt, agave syrup, peanut butter, banana, pear & grapes

CLASSIC BREAKFAST

With our Classic Breakfast you will receive a mixed bread basket * and a glass of Secco or orange juice 0,11

MISCHBAR HOME

1 Person 10,50 / 2 Person 19,50

Serrano ham^{1,3}, Italian salami^{1,3}, different types of cheese, homemade basil cream, Vegetable sticks, fruit salad in a jar & fresh butter

MISCHBAR COUNTRYSIDE (vg)

1 Person 10,50 / 2 Person 19,50

Different types of cheese, homemade basil cream, vegetable sticks, grapes & fresh butter

MISCHBAR VEGAN (vn)

1 Person 10,50

Three kinds of homemade spreads, avocado, fruit salad in a jar, Vegetable sticks & homemade jam of your choice (strawberry-lime or apricot-mango)

MISCHBAR FRENCHSIDE

1 Person 4,90

French butter croissant with homemade jam of your choice (Strawberry-lime or apricot-mango) & Fruit salad in a jar

* Gluten-free bread is available for an additional charge of € 1,50

Breakfai

Mo-Fr 09:00-11:30 Uhr, Sa+So 9:00-13:30 Uhr

FRIED BREAD (va)

2 fried eggs with chives, with fresh sourdough bread & butter

-natur ... 5,90

-Avocado & Cherry Tomatoes ... 6,90

SCRAMBED EGGS (va)

2 beaten eggs with fresh sourdough bread & butter -natur ... 5,90

-Feta & Paprika ... 6,90

EXTRAS FOR BREAKFAST

1 boiled egg ... 1,40

2 fried eggs ... 3,80

Scrambled eggs on 2 eggs ... 3,80

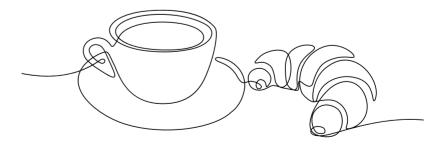
Extra bread basket ... 3,50

Extra jam (strawberry-lime or apricot-mango) ... 1,00

Extra Croissant ... 1,50

Glass of Secco 0,11 ... 2,00

Glass of orange juice 0,11...2,00



our eggs come exclusively from happy chickens:)



SALAD

With seasonal leaf salads & fresh baguette

MOZZARELLA & TOMATO (vg, gf) ... 10,40

Cherry tomatoes, mozzarella, rocket, grilled zucchini & pesto-balsamic dressing

GRILLED VEGGIE (vn, gf) ...10,40

Oven vegetables (zucchini, paprika, aubergine), carrots, corn, rocket & pesto-balsamic dressing

GOAT CHEESE & PUMPKIN SEED (vg, gf) ... 10,80

French goat cream cheese, rocket, tomato, cucumber, pumpkin seeds & pumpkin-seed dressing

FETA & GRAPE (vg, gf) ... 10,80

Feta, grapes, cucumber, bell pepper, almond sticks & balsamic-mustard dressing

FALAFEL & SESAME (vn, gf) ...10,80

Baked falafel, cucumber, bell pepper, grilled zucchini, mint & balsamic-mustard dressing

CHICKEN & AVOCADO (gf) ...11,80

Grilled chicken breast fillet, avocado, cucumber, tomato, corn, carrot & pumpkin-seed dressing

CHICKEN & EDAMAME (gf) ...11,80

Grilled chicken breast fillet, cucumber, paprika, edamame, sesame, sprouts & balsamic-mustard dressing

DRESSINGS

Balsamic-mustard-dressing (vn, gf)

Pesto-balsamic-dressing (vn, gf)

Pumpkin-seed-dressing (vg, gf)

Vinegar-oil (vn, qf)

Already knew?

Salad contains more folic acid than other vegetables. That is a vital one Vitamin that the human body does not itself can produce. In addition, the secondary flex Plant substances from lettuce cardiovascular diseases and diabetes.

Buddah Bowls

BOWLS

INDIRA BOWL (vn) ...10,50

Couscous with turmeric, roasted pepper cream, baked sweet potatoes, Carrot and cashew salad, baby spinach, sugar peas, red cabbage, paprika, lemon, Cucumber, black & white sesame & balsamic-mustard dressing

FRIDA BOWL (vn. af) ...10,50

Quinoa, kale patty, pea guacamole, carrot and cashew salad, grilled zucchini, Sweet peas, sprouts, cucumber, cranberries, rocket, pumpkin seeds & balsamic-mustard dressing

MALALA BOWL (vn) ...10,50

Couscous with turmeric, roasted pepper cream, baked sweet potatoes, baked vegetables (zucchini, paprika, Eggplant), baked falafel, pea guacamole, baby spinach, cherry tomatoes, cucumber, black & white sesame & balsamic-mustard dressing

TRINH BOWL (vg) ...11,50

Asia noodles with carrots, pak choi & soy-ginger sauce, grilled zucchini, kimchi salad, red cabbage, Edamame, sprouts, cucumber, lime & white sesame

ARETHA BOWL (qf) ...12,50

Quinoa, grilled chicken breast fillet, avocado, pea guacamole, baked sweet potatoes, Carrot-cashew salad, corn, cucumber, cress, rocket, sunflower seeds & balsamic-mustard dressing

Already knew?

Indira Gandhi - Prime Minister of India from 1966-1977. She was one of the most influential women of her time and cemented the position of women on the subcontinent.

Frida Kahlo - Her own body stood in the way of her life, against whose decay she and not with all her might last defended with her paintings. To this day she is a symbol of feminism.

Malala Yousafzai - She is a child rights activist from Pakistan. On October 10, 2014, she became the youngest ever Nobel Peace Prize laureate.

Trịnh Thị Minh Hà - A theorist who combines post-colonial and feminist studies. Also a music composer and filmmaker.

Aretha Franklin - Known for rousing soul hits like "Respect" and "A Natural Woman", she embodies for many the spirit of the civil rights and women's movements of the 60s and 70s.



daily until 5:00 p.m.

SESAM PANINI

Crispy grilled panino with white & black sesame seeds each 4,20

PESTO & GRILL VEGETABLES (vn)
Grilled antipasti vegetables, vegan basil-rocket pesto & rocket

SERRANO & TOMATO

Spanish Serrano ham^{1,3}, dried tomato spread and cream cheese, tomato & rocket

FLAGUETTES

Crunchy grilled, Mediterranean flat bread each 5,40

TOMATO & MOZZARELLA (vg)
Mozzarella, tomato, basil cream & rocket

CHICKEN & CURRY

Grilled chicken breast fillet, spicy spread with curry & cream cheese, red cabbage, cucumber & rocket

WRAPS

2 delicious filled tortilla cakes, toasted on request each 6,90

FALAFEL & HUMMUS (vn)

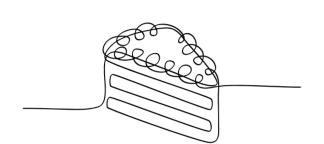
Baked falafel, hummus, pea guacamole, lettuce, cucumber & paprika

CHICKEN & MANGO

Grilled chicken breast strips, spicy spread with curry & cream cheese, salad, Mango, paprika & almonds

Dessents

CAKE & CO..



CHOCOLATE-BROWNIE ...3,40

VEGAN CHOCOLATE-BROWNIE ...3,40

VEGAN APPLE-NUT CAKE ...3,80

CHEESCAKE ...3,80

MOUSSE AU CHOCOLAT CAKE ...3,80

ICE CREAM & CO.

VANILLA PANNA COTTA (vn) ...5,90 With strawberry puree & fresh mango

WARM CHOCOLATE LAVA CAKE ...6,90 Warm chocolate cake with liquid chocolate core &

with 1 scoop of bourbon vanilla ice cream

SAISONAL:

ICE COFFEE CLASSIC ...5,40

ICE CHOCOLATE ...5,40

ICE CUP FLAKES & FRUITS (vn) ...6,90

1 scoop each of mango, cassis & vegan chocolate ice cream, fresh fruit, crispy whole grain flakes, vegan cream & strawberry sauce

ICE CUP POPCORN-CARAMEL ...6,90

1 scoop each of caramel brownie, chocolate & bourbon vanilla ice cream, Whipped cream, popcorn & caramel sauce



For Info...

Our ice cream is in ours in-house ice cream factory freshly made for you. Free of artificial additives, simply 100% natural and delicious!



On request with oat or soy drink

COFFEE 8

ESPRESSO ...1,80

Doppio ...2,80

ESPRESSO MACCHIATO ...2,20

Doppio ...3,20

FLAT WHITE ...3,40

AMERICANO ...2.80

Large ...3,20

MILK COFFEE ...3,80

CAPPUCCINO ...3,20

Large ...3,80

LATTE MACCHIATO ...3,80

EXTRA SHOT ESPRESSO ...1,20

CHAI & CHOCOLATE

HOT CHOCOLATE ...3,80 Classic or Caramel

CHAI LATTE ...3,80 Classic ⁶, Vanilla ⁶, Sugar Free ⁴

GLASS OF MILCH 0,51 ...2,90

TEA

CLASSIC ...2,90 Darjeeling, Roiboos Vanilla, Green Tea, Summerfruits, Herbs & Honey, Peppermint

WELLNESS ...2,90 Balance (Apple & citrus fruit), Energy (Hibiscus, blackberry & cherries), Relax (Orange & Roiboos) FRESH MINT TEA ...3,80

FRESH GINGER TEA ...3,80 With agave syrup

Twices Esmootries

Freshly pressed & freshly mixed

JUICES

0,3l each 4,20 / 0,4l each 4,90

EYE OPENER

Apple, lemon, ginger & cinnamon

SPRING BREAK

Orange, apple & strawberry

CARROT KICK

Carrot, apple, ginger & olive oil

LIME BOOST

Lime, strawberry & apple

SMOOTHIES

0,3l each 4,20 / 0,4l each 4,90

LIQUID SUNSHINE

Orange, pineapple & mango

STRAWBERRY FIELDS

Yogurt, banana, strawberry & apple juice

PALM BERRY

Strawberry, Banana & Apple

MANGO MANIA

Yogurt, Mango & Mango Nectar

SUPERFOOD SMOOTHIES

0,4l each 5,20

GREEN DETOX

Wheatgrass, spinach, kiwi, mint, apple, orange, lettuce & water

IMMUNBOOST

Açai, ginger, apple, strawberry & water

LOVE YOU SOY MATCHA

Banana, spinach, soy milk, agave syrup & matcha

Ginger shot from GIMBER

20ml Premium

Ginger essence ...3,00



WATER

TEINACHER GOURMET STILL

0,25l ...*2,90* 0,75l ...*5,20*

TEINACHER GOURMET LIVELY

0,25l ...*2,90* 0,75l ...*5,20*

WITH BUBBLE

0,3l each 3,70 / 0,4l each 4,20

APPLE NATURALLY CLOUDY MANGO

ORANGE MARACUJA

BLACK CURRANT RHUBARB

HOMEMADE LIMO

0,4l each 4,90

RASPBERRY & LEMON

LIME & MINT

GINGER & ORANGE (WITH GIMBER GINGER ESSENCE)

DRINKS IN THE BOTTLE

fritz-kola 0,21 ...3,10 fritz kola^{1,4}, fritz-kola sugar-free^{1,2,4},

mischmasch^{3,4}

ANJOLA 0,21 ...3,10 Organic pineapple lime lemonade

fritz-kola 0,31 ...3,60 fritz-kola bio¹, fritz-kola zero suggar (with guarana)

RICHARD'S SUN ICED TEA 0,331 ...3,60 Lemon, peach, açai lime, blueberry

fritz-mate^{1,4,5} O.3l ...3,60

fritz-limo 0,21 ...3,10

lemon⁵, honeydew melon or apple-cherry-elder

Been

BEER 0,331

ZIRNI LANDBIER 0,31 ...3,20

LEATHER PILS 0,31 ...3,20

JEVER FUN ALCOHOL-FREE 0,31 ...3,20

DESPERADOS 0,31 ...4,10

BEER 0,51

LIGHT FROM GRÜNER 0,51 ...3,50

NATURAL CYCLIST FROM GRÜNER 0,51 ...3,50

NUREMBERG ROT BEER FROM TUCHER 0,51 ... 3,60

LIGHT YEAST WHEAT / NON ALCOHOLIC FROM TUCHER 0,51 ...3,60

Wine

WHITE WINE

0,21/0,751

WHITE WINE CUVÉE - MEIER SCHMIDT - SNEAK PREVIEW
Refreshing wine with fruity-spicy notes of citrus fruits, apricots & some grapefruit ...5,90 / 22,00

SILVANER - MEIER SCHMIDT - ETHOS CLASSIC

Elegant wine with notes of apples, pears and a hint of lychee $\,...6,40$ / 26,00

CHARDONNAY - R. GEIL- GEIL'S 7

Refreshing and playful wine that is clearly reminiscent of ripe citrus fruits $\,...6,90\,/\,28,00\,$

RED WINE & ROSE WINE

0,21/0,751

DOMINA - MEIER SCHMIDT

Intense, fruity wine with dominant aromas of blueberries, plums and cassis ...6,90 / 28,00

DOMINA ROSE - MEIER SCHMIDT - MARKTVREITER SONNENBERG Multi-layered rosé, with fresh notes of red berries and a hint of grapefruit ...6,90 / 28,00



CLASSICS

Drinks

each 8,50

CAIPIRINHA

5cl Cachaça, lime & brown sugar

MOJITO

5cl Havana Club 3y, Mint, brown sugar, soda & lime

CUBA LIBRE

5cl Havana Club 3y, lime & coke

ERDBEERDAIQUIRI

5cl Havana Club 3y, 2cl Triple Sec², lime juice & strawberries

MOSCOW MULE

5cl Absolut Vodka, Lime juice, Schweppes Ginger Beer² & cucumber

VODKA LEMON

5cl Absolut Vodka, Bitter Lemon^{3,5} & lemon

JACKY COLA

5cl Jack Daniels, coke & lemon

TEQUILA SUNRISE

5cl Tequila, orange juice & grenadine

LONDON MULE

5cl Bombay Sapphire Gin, lime juice, Schweppes Ginger Beer² & lime

GIN TONIC

- 5cl Bombay Sapphire, Schweppes Dry Tonic^{3,5} & lemon
 - 5cl Hendrick's, Gentleman's Tonic^{3,5} & cucumber ...+1,00
 - 5cl Brockman's, Fever Tree Mediterranean Tonic^{3,5} & orange ...+1,50

NEWBIES

each 8,90

GINSALABIM

5cl Bombay Sapphire Gin, Elderflower syrup, lime juice & fritz-limo honeydew melon

BERRY COMPOTE

5cl Absolut Vodka, Elderflower syrup, lime juice, fritz-limo apple-cherry-elderberry-lemonade & berries

PINK PALOMA

5cl Jose Cuervo Silver, orange, mint & Thomas Henry Grapefruit^{3,5}

HAVANA UH NANA

5cl Havana Club 3y, 2cl Triple Sec², lime juice & Anjola organic pineapple lime lemonade

BERRY MOJITO

5cl Havana Club 3y, mint, brown sugar, soda, lime & berries

STRONGS

each 10,50

MAI TAI

6cl Havana Club 3y, 2cl Triple Sec², Passion fruit juice, lime juice & almond syrup

TOUCH DOWN

4cl Absolut Vodka, 2cl Apricot Brandy, Passion fruit juice & grenadine

LONG ISLAND ICETEA

2cl Jose Cuervo Silver Tequila, 2cl Havana Club 3y, 2cl Absolut Vodka, 2cl Bombay Sapphire Gin, 2cl Triple Sec & coke

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2cl each 3,00 / 4cl each 6,00

TEQUILA (SILVER/GOLD)

VODKA

BERLINER LUFT

JAEGERMEISTER



MISCHBAR:

Plobenhofstr. 1 / Hauptmarkt 2 90403 Nürnberg TEL: 0911/24038777 info@mischbar.net www.mischbar.com

Additives:

- 1 * WITH PRESERVATIVES
- 2 * WITH DYE
- 3 * WITH AN TIOXIDIZING AGENT
- 4 * WITH SWEETENER SUCRALOSE
- 5 * CONTAINING CHININE
- 6 * WITH PHOSPHATE 7 * SULFURIZED
- 8 * CAFFEINE

Additives fritz:

- 1 * CAFFEINE,
- INCREASED CAFFE CONTENT (25MG / 100ML)
- 2 * WITH SWEETENERS
- (CONTAINS PHENYLALANINE)
- 3 * CAFFEINE
- 4 * WITH DYE
- 5 * WITH ANTIOXIDANT
- 6 * WITH SWEETENERS
- a * BARLEY MALT EXTRACT GLUTEN-FREE

